



Strawberry Energy Bites

8 servings

10 minutes

Ingredients

40 grams Freeze Dried Strawberries
1/2 cup Pitted Dates
1 cup Cashews (raw)
1/4 cup Cashew Butter
1/4 tsp Sea Salt

Directions

- 1 Add the dried strawberries to a food processor and blend until the mixture is powdery. Remove and set aside on a plate.
- 2 Add the dates, cashews, cashew butter, and salt to the bowl of a food processor. Blend until a smooth consistency is achieved and the mixture holds together.
- 3 Remove the mixture and form into small balls with your hands, using about one tablespoon of dough. Roll into the strawberry powder. Repeat until the mixture is used up. Enjoy!

Notes

Leftovers: Refrigerate in an airtight container for up to one week. Freeze for up to three months.

Serving Size: One serving is two bites.

No Cashew Butter: Use almond or peanut butter instead.