



## Quinoa Green Smoothie Bowl

1 serving  
25 minutes

### Ingredients

1/4 cup Quinoa (dry)  
1 cup Water  
1 cup Kale Leaves (destemmed and chopped)  
1/2 Banana (sliced)  
1/2 Lime (juiced)  
1/2 Avocado (medium)  
2 tbsps Vanilla Protein Powder

### Directions

- 1 Cook the quinoa according to the package instructions. Let cool.
- 2 While the quinoa is cooling, add the remaining ingredients to a blender and blend until smooth.
- 3 Add the quinoa to a bowl and pour the smoothie over top. Enjoy!

### Notes

**Leftovers:** Refrigerate in an airtight container for up to one day.

**Additional Toppings:** Shredded coconut, kiwi, hemp seeds, and/or chia seeds.

**Make Ahead:** Cook the quinoa ahead of time to save prep time when making the smoothie bowl.