



## Pumpkin Energy Balls

12 servings

25 minutes

### Ingredients

- 1/2 cup Coconut Butter (melted)
- 1/2 cup Pureed Pumpkin
- 1 tsp Pumpkin Pie Spice
- 1 1/2 tsps Monk Fruit Sweetener
- 1/8 tsp Sea Salt

### Directions

- 1 In a blender or food processor add all ingredients and process until the mixture comes together.
- 2 Remove the mixture from the blender or food processor and place in a bowl. Set the bowl in the freezer for 15 to 20 minutes. Once the mixture is set, roll into balls. Store in the fridge or freezer until ready to eat. Enjoy!

### Notes

**Leftovers:** Refrigerate in an airtight container for up to five days.

**Serving Size:** One serving is equal to approximately one ball.

**Coconut Butter:** Ensure the coconut butter is melted, otherwise the mixture will not hold together.

**No Monk Fruit Sweetener:** Use maple syrup and increase the amount to taste.