



## Matcha Overnight Oats

1 serving

8 hours

### Ingredients

- 1/2 cup Oats (rolled)
- 2/3 cup Unsweetened Almond Milk
- 1/4 tsp Green Tea Powder
- 1 tbsp Chia Seeds
- 1/4 tsp Vanilla Extract
- 1/2 Banana (sliced)

### Directions

- 1 Add the oats, almond milk, green tea powder, chia seeds, and vanilla extract together in a large container. Stir well to combine. Seal and place in the fridge overnight, or for at least eight hours.
- 2 Remove the oats from the fridge. Divide into containers and top with the banana slices. Enjoy!

### Notes

**Leftovers:** Refrigerate in an airtight container for up to four days. Enjoy cold, or warm on the stovetop with almond milk.

**Serving Size:** One serving is approximately 1 1/2 cups.

**Nut-Free:** Use a nut-free milk such as oat or soy.

**No Banana:** Use mixed berries instead.

**Additional Toppings:** Top with almond butter.