



Matcha Energy Balls

14 servings15 minutes

Ingredients

1 cup Almonds

3/4 cup Hazelnuts

1 1/2 tbsps Green Tea Powder (matcha)

1 1/2 tbsps Coconut Oil

1 cup Pitted Dates

1/4 cup Unsweetened Coconut Flakes

1/4 tsp Sea Salt

Directions

Add the almonds, hazelnuts, green tea powder, coconut oil, dates, coconut flakes and sea salt to a food processor and blend until well mixed and sticky.

Transfer to a medium-size mixing bowl. Form into even balls with your hands, roughly 1-inch in diameter. Dust with more green tea powder if desired. Store in the fridge or freezer until ready to enjoy.

Notes

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Leftovers: Refrigerate in an airtight container for up to seven days or in the freezer for three months.

Serving Size: One serving is equal to one energy ball.

No Hazelnuts: Replace with more almonds instead.