



High Fat Chocolate Smoothie

1 serving

5 minutes

Ingredients

- 1 cup Water
- 3 leaves Romaine (roughly chopped)
- 1/2 Zucchini (chopped, frozen)
- 1/2 Avocado (frozen)
- 1/2 Banana (frozen)
- 1/4 cup Chocolate Protein Powder
- 1 tbsp Cacao Powder
- 1 tbsp All Natural Peanut Butter
- 1 tsp Cacao Nibs (optional, for topping)

Directions

- 1 Place all ingredients in your blender and blend until smooth. Pour into a glass and enjoy!

Notes

No Romaine : Use another green such as spinach.

Nut-Free: Use sunflower seed butter instead of peanut butter, or omit completely.

Protein Powder: This recipe was developed and tested using a plant-based protein powder.